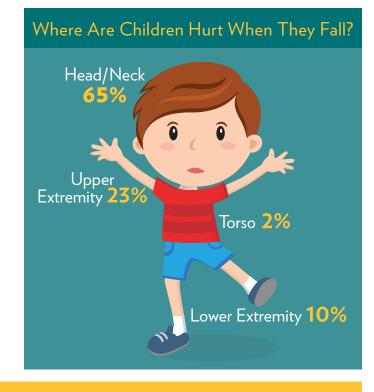
CHILDHOOD FALLS IN ONTARIO, 2017 0-6 YEARS OLD



#1 Cause of ER/Hospitalization Visits

53,327 fall-related ER visits in Ontario in 2017



HOW CHILDHOOD FALLS HAPPEN AND PREVENTION TIPS

10,084 ER Visits

Fall from slipping, tripping and stumbling on level ground

- Keep floors clear of clutter and loose carpeting
- Wipe up all spills



Fall from playground equipment

- Ensure playsets are on soft surfaces e.g. bark, pea gravel, sand/wood chips or rubber matting
- Use equipment designed for child's age
- Make playground safety rules and check equipment



Fall on and from stairs and steps

• Install wall mounted gates at the top and bottom of the stairs



5,311 ER Visits

Fall involving a bed

- #1 cause of fall-related ER visits for less than 1 year olds
- Lower crib mattress
- Move child to toddler's bed/mattress once they're able to climb out of their crib



4 3,918 ER Visits

Fall involving other furniture

- Keep your hands on young children when they are on the couch or change table
- Secure TVs and tall furniture (e.g. dresser, bookcase)



1,213 ER Visits

Fall involving being carried

• Be alert of your surroundings when you are carrying a child





Source: Ontario Ministry of Health and Long-Term Care, IntelliHEALTH Ontario as extracted by Toronto Public Health, Toronto, ON; (extracted 2018 Aug). Infographics created by: Toronto Public Health, Chronic Disease and Injury Prevention Directorate and York Region Public Health, Injury Prevention Program as part of the Ontario Childhood Injury Prevention Committee.