Falls are the No.1 cause of injuries in seniors.

Seniors’ falls injuries cost the health-care system:

- **$5.6 billion a year**
- **$15.3 million a day**

The human cost of seniors’ falls:

- 4,849 deaths
- 94,529 hospitalizations
- 424,609 emergency department visits
- 28,310 disabilities

On average, 13 seniors die and 259 are hospitalized every day from falls.

For seniors, falls account for 61% of injury deaths and 81% of injury hospitalizations.

Costs of injuries among seniors, by cause:

- Falls: $5.6 billion
- All other injuries: $1.9 billion

Top types of falls that lead to serious injury and death:

- Falls on the same level (slipping, tripping or stumbling)
- Falls involving furniture
- Falls on stairs

Falls are preventable. Learn more: parachute.ca/seniorsfalls

All data are for the year 2018.


* Seniors age 65+